

Lauren Farrell



Lauren trained at The American Academy of Dramatic Arts in New York and Bow Street.

Recent stage credits include the role Rose in DANCING AT LUGNASA The Gate Theatre directed by Caroline Byrne, Lauren was an understudy for the role at The National Theatre in 2023, directed by Josie Rourke.

Further theatre includes; STUCK ON A PUZZLE at The New Theatre directed by Cathal Cleary and A PORTRAIT OF THE ARTIST AS A YOUNG MAN directed by Jimmy Fay.

Screen Credits include THE DRY Season 2 for Element Pictures, THE DOLL FACTORY directed by Cathy Brady for Buccaneer Media/Paramount + UK and SMOTHER Season 2 for the BBC.

Lauren is based in Dublin.

Height: 5ft 6"
Playing Age: 25-35
Hair: Dark Brown
Eyes: Blue

TELEVISION

THE DRY – Dr.Morris	Paddy Breathnach	Element Pictures
THE DOLL FACTORY-Elder Sister	Cathy Brady	Paramount Plus
SMOTHER – Siofra	Dathaí Keane	Treasure / BBC Studios
VIKINGS – Female Slave	Stephen St Leger	MGM and The History Channel

FILM

DASH (short) – Shilagh	Rory Fleck Byrne	Screen Ireland
FOREVER IN MY HEART – Gate Agent	Steven R. Monroe	Hallmark

THEATRE

DANCING AT LUGHNASA – Rose	Caroline Byrne	Gate Theatre Dublin
DANCING AT LUGHNASA – Rose (u/s)	Josie Rourke	National Theatre London
THE VAULTS -LIVE – Molly Malone	Megan O’Riordan	Frontier Entertainment
A PORTRAIT OF THE ARTIST -Stephen Dedalus	Jimmy Fay	New Theatre and UK Tour
SCRIPTED – Ensemble	Jimmy Fay	Dublin Fringe Festival
THE EDGE OF OUR BODIES – Bernadette	Jimmy Fay	Penknife Productions – UK/Irish Tour

SKILLS

Stand Up Comedy and Improvisation (Upright Citizens Brigade NYC), Yoga
 Singing (Mezzo Soprano) and excellent ear for accents

TRAINING

Royal Academy of Dramatic Art, London, Foundation Course in Acting
 American Academy of Dramatic Arts, New York, Degree and Post-Degree Certificate Program for Academy Company, 3 years
 Bow Street Academy Screen Acting Programme